

About LEVANTOgroep

Participating. Someone waiting for you. Being happy with a new day. These may seem like everyday things, but they aren't always the case for everyone. Are you not feeling well? Are you mentally unbalanced? Do you need help integrating into society? LEVANTOgroep can help. We offer you a safe (temporary) place to live, along with guidance. If you live independently, we provide care at home. We also offer activities that bring structure to your life, help you discover your talents, and allow you to meet new people. Need additional care we don't provide? We'll connect you with support within our network. We are here for people in South and Central Limburg.

About LEVANTOgroep Volunteers

We connect volunteers to people with a mental health background to reduce loneliness and provide practical support.

Want to know more

Would you like to know more about how you can make a difference as a volunteer?

Call 088 - 707 7600 or send an email to vrijwilligerswerk@levantogroep.nl.

LEVANTO
GROEP.NL

info@levantogroep.nl

T. 088 - 707 76 00



LEVANTO GROEP



Offering a helping hand!

LEVANTOgroep Volunteers

A little support means a lot

Long-term mental health challenges can make it difficult to enjoy life, complete everyday tasks, and engage in society. This is where the volunteers at LEVANTOgroep come in. They can help make life a little easier, combat loneliness, and support individuals in taking new steps forward. You can also make a difference in someone's life and contribute to their recovery.

Are you the volunteer we are looking for

Do you enjoy a challenge? Are you patient and persevering? Are you proactive? If so, there are a lot of different ways you can help.

As a '**maatje**' (buddy), you will be paired with someone to help them overcome loneliness. You will meet once every two weeks to engage in enjoyable activities together, such as chatting over a cup of coffee, taking a stroll, visiting the market or the cinema, playing games, and much more.



Together, you decide what activities to undertake. We believe it's essential for these meetings to be relaxing so that the other person feels less lonely.

As a **care volunteer**, you will provide one-on-one support in practical ways. This might include accompanying someone to a doctor's appointment, assisting with shopping, or teaching computer skills. The aim is to promote self-reliance.

As an **internal volunteer**, you will work on a LEVANTOgroep project or at a LEVANTOgroep location. You will be part of a team and collaborate with colleagues. For example, you might assist with meals or coffee moments in a residential facility or support activities at a daycare center.

We would be happy to discuss the volunteer work that best suits you. The LEVANTOgroep Volunteers program is active in the following regions: Midden-Limburg, Westelijke Mijnstreek, Parkstad, and Maastricht-Heuvelland.

What we offer

We focus on your talents and interests. Based on this, we carefully match you with a client or a LEVANTOgroep location.

In addition, we offer:

- Tailored guidance
- Expense allowance
- Accident and liability (WA) insurance
- Volunteer meetings

Are you interested

Are you interested? Visit our website and click on 'I want to become a volunteer'. One of our team members will contact you shortly.